

Hiking at Ross Dock Picnic Area

Palisades Interstate Park in New Jersey

EMERGENCY: 201-768-6001

TRAILS

- (A) LONG PATH (aqua blaze)
- (W) SHORE TRAIL (white blaze)
- (B) Carpenter's Trail (blue blaze)
Steep: 320 ft. climb
- (Y) Dyckman Hill Trail (yellow blaze)
Moderate: 340 ft. climb

LEGEND

- Public Restrooms
- Parking Area
- Parking Fee (In-Season)
- Picnic Area
- Food, Drinks, and Snacks (Seasonal only at picnic areas)
- Boat Launching Ramp
- Building or Structure
- Hiking Trail
- View Point
- Bus Stop
- Road
- Hiking Trail
- Stream
- Boundary
- Fence
- Cliff Edge

ROCKEFELLER
LOOKOUT

P

UNDERCLIFF
PICNIC AREA
GPS: 40.887511, -73.942297

A

Numbers
on map are
keyed to hike
description on
other side!

ENGLEWOOD
PICNIC AREA
AND BOAT BASIN
GPS: 40.875925, -73.946678

P **FEE**

ALLISON PARK
GPS: 40.870044, -73.952497

P

GAS STATIONS

ROSS DOCK
PICNIC AREA
GPS: 40.860425, -73.955772

P **FEE**

HAZARD'S RAMP
(Public Boat Launch)
GPS: 40.851889, -73.959714

P

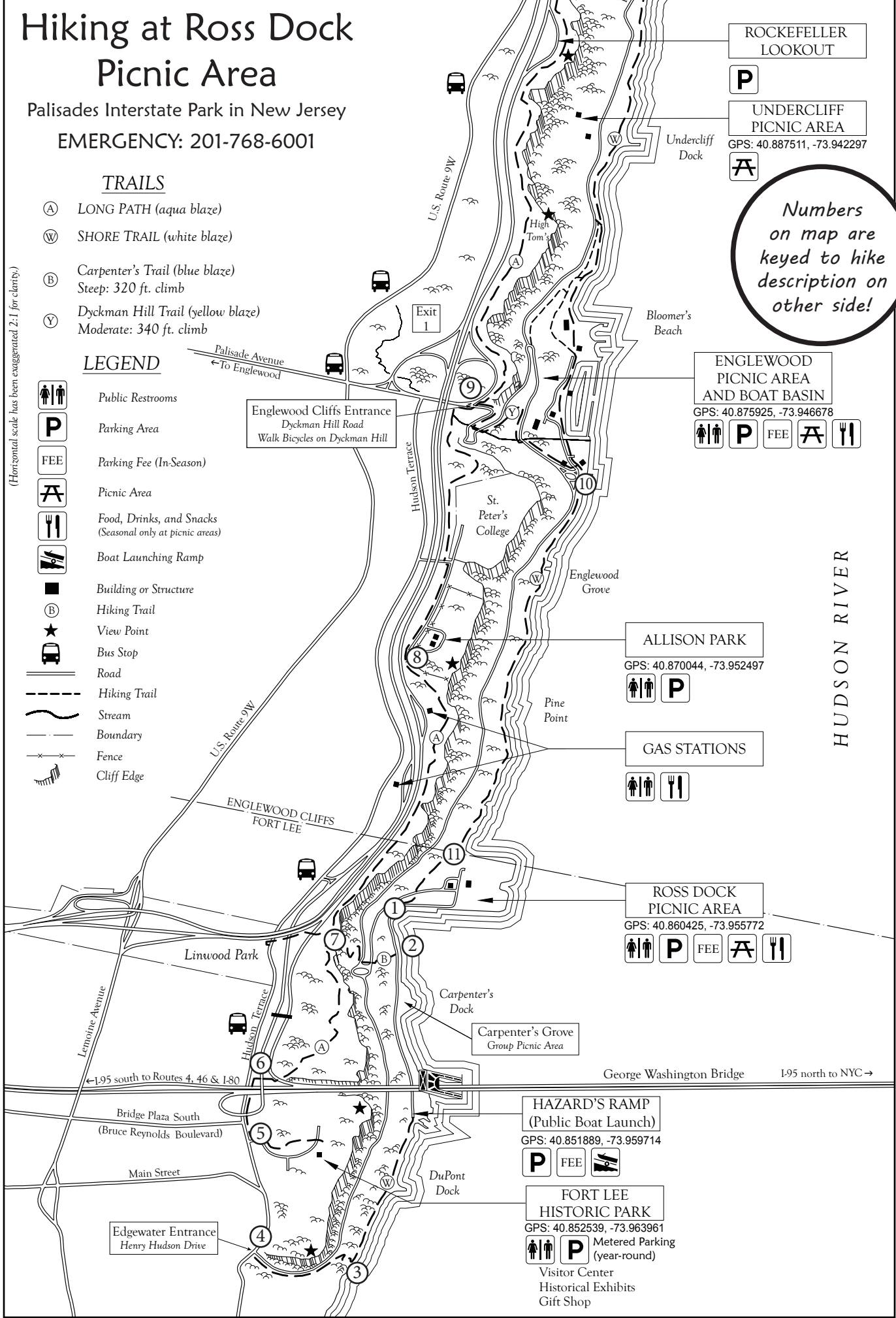
FORT LEE
HISTORIC PARK
GPS: 40.852539, -73.963961

P Metered Parking
(year-round)
Visitor Center
Historical Exhibits
Gift Shop

MILES



HUDSON RIVER



TIPS FOR HIKERS

Perhaps because of our proximity to New York City, many first-time Palisades hikers are surprised at how rugged our trails can be. Please be prepared! Some tips:

Always tell someone where you're going and when you expect to be back. This is just good hiking sense, no matter where you go.

Wear sturdy, comfortable shoes that are not brand new. Ankle support is crucial. Shoes not broken in can cause blisters.

Bring plenty of water—and drink it as you go. Some basic first aid supplies are always a good idea, too, as are some snacks.

Dress or pack for all possible weather conditions forecasted for that day. Layers are the wisest way to dress for the outdoors—you can add or remove as you go. We also recommend long-sleeved clothing, even in warmer weather. Poison ivy thrives on the Palisades. Ticks are common. Long clothing with a spray of repellent at the cuffs is your best defense.

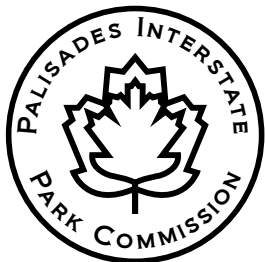
Look out for poisonous snakes. The copperhead is relatively common here, if seldom seen. Snakes tend to be shy, so watch your step—and don't reach where you cannot see. **THESE ANIMALS ARE PROTECTED BY LAW.**

Your dog is welcome to enjoy our trails with you, but must be leashed at all times. Please clean up after your pet.

The steepness and erodability of our trails make them unsuitable for bicycles. Violators are subject to fine.

Accident, fire, emergency: 201-768-6001

njpalisades.org



New Jersey

Revised Spring 2017

CARPENTER'S LOOP

Moderate. About 5.5 mi., 2.5 hrs. round-trip.

(The numbers in this description are keyed to the map on the other side.)

- ① Start at the south end of Ross Dock Picnic Area and head south on the Shore Trail (white markers) as it follows the road to Hazard's Dock.
- ② Pass the bottom of Carpenter's Trail and continue south on the Shore Trail beneath "The Great Gray Bridge" and past Hazard's Ramp.

For a shorter hike, you can turn right (west) on Carpenter's Trail (blue markers) and take this steep trail up to the summit. At the top, turn right (north) on the Long Path (aqua markers) and follow the route from ⑦.

- ③ About half a mile south of Hazard's, the Shore Trail will turn right (west) and ascend on stone steps.
- ④ At Hudson Terrace turn right and take the paved pathway north.
- ⑤ Pass the entrance to Fort Lee Historic Park (this makes an interesting stop if you have the time), then stay north on the sidewalk beneath the roadways that go onto the George Washington Bridge.
- ⑥ On your right (east), find where the Long Path (aqua markers) goes up a series of steel steps and into the woods. Stay on the Long Path as it heads north.
- ⑦ In about 0.5 mi. the Long Path will cross Carpenter's Trail (blue markers). Stay on aqua north.
- ⑧ In another 0.5 mile, the Long Path will pass Allison Park (restrooms and great views here) and follow along a road. Just past the overpass look for where the trail goes up and alongside St. Peter's College (private property).
- ⑨ When you come out of the woods at Palisade Avenue, turn right (east) and at the Englewood Cliffs park entrance, cross the road to pick up Dyckman Hill Trail (yellow markers). Follow yellow as it zigzags down the mountain along a stream back toward Englewood Picnic Area & Boat Basin.
- ⑩ Use caution to cross the road at the bottom, then turn right (south) onto the Shore Trail (white markers), and take it south and back to Ross Dock Picnic Area.
- ⑪ You're done! Great job!